

## COMPETITOR REGULATIONS

### 1. MANDATORY GEAR

All competitors must carry the following required equipment:

- Mountain bike or E-bike
- GPS-enabled watch or map with the route for each stage (MANDATORY)
- Hydration backpack
- Water bottles for hydration
- Helmet
- Gloves
- Proper footwear for cycling
- Whistle (optional)
- Basic repair kit (tire levers, patch kit, wrench)
- Spare patches
- Additional E-Bike gear
- Compatible battery charger
- Backup battery (recommended)

\*Mandatory gear inspection will be conducted one day prior to the start of the race. Each athlete is responsible for carrying the necessary equipment. Random gear checks will be conducted throughout the course. Non-compliance will result in time penalties. These rules aim to ensure both fairness and safety for all participants.

### 2. COMPETITION RULES

NOMADIX TRIATHLON is a multi-stage endurance challenge testing strength and determination across three disciplines.

2.1 Participants must follow guidance to reach meeting points. Missing a checkpoint within the cut-off time will lead to removal from the stage.

2.2 Perseverance is key, but completing every stage is essential for ranking.

### 3. PARTICIPATION REQUIREMENTS

3.1 Participants must be 18 or older by the event date.

3.2 Categories are assigned based on age as of December 31, 2025.

3.3 A minimum of 5 entries per category is required. Smaller groups will be merged into the next category.

#### **4. COMPETITION INTEGRITY**

4.1 Use of banned substances leads to immediate disqualification.

4.2 Deviating from the official course to gain advantage will result in disqualification.

#### **5. COMPETITOR IDENTIFICATION**

5.1 Race numbers must be clearly visible on helmet, jersey, and front of the bike.

5.2 Altimetry and key points sticker must be placed visibly on the bike. It is each rider's responsibility to follow the marked course.

#### **6. CHECKPOINTS AND TIME LIMITS**

Stage 1 (Swim): 1.5 hours

Stage 2 (Cycling): 3 hours

Stage 3 (Run): 4 hours

Organizers, medical team, and staff may pull any athlete off the route if safety, health, or behavior is at risk.

If a participant withdraws, they will be transported to the next camp with a 30-minute time penalty.

6.1 Time-controlled checkpoints will be placed along each stage.

6.2 Failing to meet the checkpoint time cut-off will result in removal from the course.

6.3 Participants must load GPX routes into their devices. Tech support will be available.

#### **7. START PROCEDURE**

7.1 Start gate opens one hour before the scheduled start and closes 15 minutes prior.

7.2 Passing through the start gate is mandatory.

#### **8. FINISH LINE AND RANKING**

8.1 Each athlete must follow race signage to reach the finish.

#### **9. AID STATIONS AND ENVIRONMENTAL RESPONSIBILITY**

9.1 Hydration stations will be available daily at start and finish, and along the route.

Available: Water, isotonic drinks, ice, energy snacks, vaseline, medical service.

9.2 Littering outside designated areas will result in penalties. Each athlete is responsible for their waste.

#### **10. BIKE BOX DROP-OFF REQUIREMENTS**

The bike box must be delivered when receiving the race kit.

Do not leave valuables; organizers are not liable for lost items.

A return form will be issued and must be presented to retrieve your box on March 16.

#### **11. LUGGAGE TRANSPORT TO CAMPS**

Luggage must be dropped off at kit pickup.

Avoid leaving valuables. Use a combination lock if possible.

Organizers will transport luggage to each camp. Delivery will match race number.

#### **12. ATHLETE TRANSPORT LOGISTICS**

Shuttles from La Paz Airport to Loreto will operate on November 13, 2025.

Departure times: 10:00 AM and 12:00 PM.

Only one 20 kg bag is allowed per athlete.